



Exploring the intersection of food, water & faith  
in a time of drought. All welcome.

Every Sunday in August - 9:30 a.m.

Speakers, film, music, worship, fun!

Ugly Food Banquet, Aug. 28

Series Supported by Thrivent Action Team

**Bethel Lutheran Church**

295 Old County Rd., Templeton

805/434-1329 • [www.blctempleton.org](http://www.blctempleton.org) • 

recycled paper

## Ugly Food Facts

√ 40% of food in America goes to waste in fields, gardens, stores, restaurants, schools. <http://www.foodnavigator-usa.com/Suppliers2/US-wastes-half-its-food>

√ Ugly produce may actually be healthier than pretty food. Some imperfect, cracked fruit may contain more antioxidants.

√ France now requires supermarkets to give away unsold food. <http://www.theguardian.com/world/2015/dec/10/france-vote-force-supermarkets-give-away-unsold-food-waste>

### Tip

√ Carrying a reusable “take home” container in our cars saves left-overs from our restaurant meals and keeps more single-use containers out of the landfill.

## Resources

√ [FutureOfFood.com](http://FutureOfFood.com) // [NatGeoFood.com](http://NatGeoFood.com)  
*National Geographic*, March, 2016, cover story  
How ‘Ugly’ Fruits and Vegetables Can Help Solve World Hunger  
<http://www.nationalgeographic.com/magazine/2016/03/global-food-waste-statistics/>

√ "Tossed Out: Food Waste in America" 29 min. video from NET Nebraska/Harvest Public Media. Site includes 3, 2-3 min. clips: "Inside a Landfill," "Food Waste in the Family Home," "Trash to Glass." <http://harvestpublicmedia.org/content/tossed-out>

√ GleanSLO volunteers – part of SLO Co. Food Bank – rescue food from stores, fields and back yards and give it to agencies for distribution. [GleanSLO.org](http://GleanSLO.org)

√ 5 Things I Learned While Lobbying Congress on Food Waste  
<http://civileats.com/2016/06/08/5-things-i-learned-while-lobbying-congress-on-food-waste/>

√ Lutheran World Relief and ELCA Hunger <http://lwr.org/videos>  
<http://www.elca.org/Resources/ELCA-World-Hunger>